



Protein: Critical in Pressure Ulcer Healing



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PROTEIN: CRITICAL IN PRESSURE ULCER HEALING LEARNING OBJECTIVES

- ❑ Define pressure ulcer and identify risk factors for pressure ulcer development in the elderly.
 - ❑ Identify the components of protein and how nutritional intervention impacts lean body mass, wound healing and tissue regeneration.
 - ❑ Describe formulations of protein supplementation therapy and methods to evaluate protein quality.
 - ❑ Identify important factors to consider when determining the type of protein nutritional therapy for residents with pressure ulcers.
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Outline

- New NPUAP Definition Of Pressure Ulcers
 - Pressure Ulcer Story
 - Costs Associated with Pressure Ulcers
 - Regulatory Focus and Liability Considerations
 - Contributing Factors
 - Malnutrition In The Elderly
 - New NPUAP Pressure Ulcer Staging Guidelines
 - PUSH Tool
 - Government Oversight
 - Healthy People 2010 and F-Tag 314
 - Protein Overview
 - Amino Acid Classifications
 - PEM
 - Nitrogen Balance
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Outline

- Protein and Wound Healing
 - Lean Body Mass
 - Additional Components of Wound Healing
 - Protein Supplements
 - Sources and Formulations
 - Methods To Evaluate Protein Quality
 - Important Factors To Consider In The Elderly
 - Positive Clinical Outcomes
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